

Laws Across the USA

States without a Massage Law ¹	States Exempting Reflexology in some way from the massage law ^{2, 3 & 9}	States with a Reflexology Law		
Kansas Minnesota Vermont Wyoming	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;"> Alaska Arizona California⁴ Colorado Connecticut⁵ Georgia Idaho Illinois⁶ Indiana Iowa Kentucky Maine Maryland⁷ Massachusetts⁷ Michigan Minnesota⁸ Missouri </td> <td style="width: 50%; padding: 5px;"> Montana Nevada New Hampshire New Jersey New Mexico North Carolina⁹ North Dakota Oklahoma¹⁰ Oregon¹⁰ Pennsylvania Rhode Island⁸ South Dakota Tennessee Texas¹¹ Utah Washington Wisconsin </td> </tr> </table>	Alaska Arizona California ⁴ Colorado Connecticut ⁵ Georgia Idaho Illinois ⁶ Indiana Iowa Kentucky Maine Maryland ⁷ Massachusetts ⁷ Michigan Minnesota ⁸ Missouri	Montana Nevada New Hampshire New Jersey New Mexico North Carolina ⁹ North Dakota Oklahoma ¹⁰ Oregon ¹⁰ Pennsylvania Rhode Island ⁸ South Dakota Tennessee Texas ¹¹ Utah Washington Wisconsin	North Dakota - 1992 (Licensing law) Tennessee - 2001 (Registration law) ¹² New Hampshire - 2010 (Licensing law with 2 other disciplines) Washington - 2012 (Licensing law with massage) Nevada -2018 (Licensing law with 1 other discipline)
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NOTES:

1. Reflexology is not regulated and not licensed under massage.
2. In order to practice legally in those states with a massage law and no exemption, reflexology is often licensed under massage through the broad definition of massage contained in the law. Reflexologists will need to check with the Massage Board and its Rules and Regulations to determine if reflexology is covered and abide accordingly.
3. Where reflexology is exempt from the state massage law (either by exact use of the word reflexology or wording indicating “work restricted to the feet, hands and outer ears”), the reflexologist must abide by local rules and regulations of the city or county and have a license to do business.
4. California has “voluntary certification” for massage therapists. There is no such thing as a state massage license. However, therapists can obtain a voluntary massage therapy certification from the California Massage Therapy Council (CAMTC) that allows therapists to practice anywhere in CA without needing to meet additional requirements. However, many jurisdictions require CAMTC certification to practice any type of hands-on complementary therapy. This rule has been applied in some locales to reflexologists. If you have a problem contact ARCB or RAA .
5. Based on possible AG ruling
6. Scheduled to be removed 1/2022
7. Based on reflexology being considered energy work
8. Under Health Freedom of Access law
9. Previous legislative agreement with the Massage Board that only those ARCB certified by 3/31/2020 whose certification does not lapse may claim exempt status.
10. Title law only protecting use of massage title
11. On website of the Massage Board’s FAQ page
12. Must be a graduate of a State Tennessee approved school

Safeguarding exemptions requires monthly checking of proposed bills by reflexologists in their own state.